What do the findings tell us?

**Adults:**

**Good process = Good outcomes**

- Personal budget holders who said their views were included in the process were nearly twice as likely to report good outcomes.
- Those that found the process easy were nearly three times more likely to report good outcomes.

- Carers who said their views were included in the process were significantly more likely to report better outcomes.

- People were also more likely to report good outcomes if they had help to plan their support and if they could say how much money was in their budget.

**Children and young people:**

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But these factors made very little difference to outcomes:

- Type of personal budget direct payment: council managed or individual service fund
- Personal factors such as gender, ethnicity, age or social care group

At least two thirds of respondents said their personal budget had made things better or a lot better in 11 of the 15 areas of life we asked about:

- Dignity in support
- Independence in arranging support
- Independence arranging support
- Relationships with people paid to support them
- Quality of life
- Mental health
- Control over life
- Feeling safe
- Family relationships
- Paid relationships
- Self-esteem

80%+ said a personal budget had made things better or a lot better when it came to dignity in support and quality of life.

More than two thirds of carers said that as a result of the person they care for having a personal budget things had got better or a lot better in three of the eight aspects we asked about (remain well and continue caring, quality of life for them and the person being cared for).

**Children and young people:**

80%+ In seven of the nine outcome areas we asked about (individualised support; feeling supported; paperwork; partnership; communication; continuity; information) said things worked well all or most of the time.

In the other two areas (clarity of role and timeliness) 78% said things had worked well all or most of the time.

Parents/carers were also positive about the impact on their own lives. In four of the six areas we asked about (life balance, feeling supported, confidence in future and aspirations) at least 80% said things had got better or a lot better.

In four of the seven work areas we asked practitioners about (partnership with parents, individualised response, being child centred and understanding the needs of the child/young person), at least 70% were positive.

In five of the nine areas we asked about (support, quality of life, home, happy and relaxed, fit and healthy) at least 80% said that things were better or a lot better for their children.

Parents/carers and practitioners were all in agreement that partnership working and keeping the process simple were areas that needed to improve.

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