
Phil Walters and Debs Taylor
**Creative Minds: Evidence as an enhancement,
not a burden**



Creative Minds[®]

Background & Key Themes



- Listening to People & Coproduction** : *Activities that people want*
- Mission**: *People living well in their community and reaching their potential*
- Broad definition of Creativity**: *Promoting greater choice*
- Passion and Soul**: *Restoring- Hope, Meaning and Purpose*
- Partnerships & Match Funding**: *Working with communities*
- Non-medical Non-Judgemental**: *Warmth & compassion*
- Empowerment**: *Peer support and Peer led projects*
- Social Movement**- *People got behind it!*



How people used to find their soul food

Creative Minds



With all of us in mind



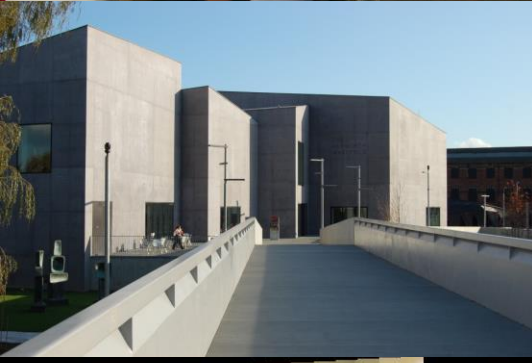
Our communities have a long and rich history of using arts, sport and other leisure activities to enhance their lives.

Creative Partners

Creative Minds



With all of us in mind





People's Stories People's Talents\Assets Evaluation\Feedback Warwick & Edinburgh Mental Wellbeing Scale Social Return on Investment Participatory Research



Participatory approaches to research



- Action research/ co-production
- Looks to actively involve as “co-researchers” those conventionally regarded as research “participants” - providing the opportunity to develop their ‘voice’ to raise key concerns/ issues.
- Empowerment: Through collaborative nature of research (involving participants in key decisions throughout project
Through the specific methodological tools employed – use of innovative research methods to encourage democratic participation



Key messages from workshop



- Defining outcomes and thinking about ownership
- meaningful impact and measurement
- Perceived need for evidence - but need to evaluate appropriately and in keeping with values and ethos
- Longitudinal work



Deb's Story



- First had issues when I was 8 years old
- I had mental ill health all my adult life
- Never been creative
- Creative Minds changed my life
- Swapped pills for paint
- Feel empowered to control my illness
- I HAVE a life!



Health Service Journal Award

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