



Building Community Capacity Network Meeting:
Routes to Wellbeing

Wednesday 12th December

The Centre for Voluntary Action
138 Digbeth, Birmingham, B5 6DR

Wifi: WAP 1, 2, or 3
Password: conferencerooms

We will be promoting the event on twitter via **@tlap1** using the hashtag
#communitycapacity
Please join in!

10.00 - 10.30	Registration and refreshments
10.30 – 10.35	Welcome and Introduction Alex Fox OBE , TLAP Board and Chief Executive Officer, Shared Lived Plus
10.35 – 10.50	Overview of today Kate Sibthorp and Clenton Farquharson MBE , National Co-production Advisory Group (NCAG)
10.50 – 11.15	Introducing <i>Making it Real</i> Kate Sibthorp
11.15 – 11.45	Just one thing after another: <i>Living with multiple conditions</i> Eve Riley , Project Manager, the Richmond Group of Charities, Guys' and St Thomas's Charity and the Royal College of General Practitioners
11.45 – 12.00	Refreshments
12.00 – 12.30	Lamb Street to The Pod: <i>The journey from 'service user' to citizen</i> Christine Eade , Manager, The Pod
12.30 – 13.00	Dance to Health Jodie Stus , Co-ordinator, Dance to Health
13.00 – 13.45	Lunch
13.45 – 14.30	Moving forward with wellbeing – Group Discussion
14.30 – 15.00	Sustainable Care Research Programme: <i>Connecting People and Systems</i> Patrick Hall , Research Fellow, University of Birmingham
15.00 – 15.15	Round up and closing comments