

*Who will speak up for me when I need care and support?*

---



# ***Welcome, intros, who are we and what we will be speaking about***

---

- Helen Allen - Community Catalysts
- Jean Basson - Member of a local AWOC group in Leeds
- Jennie Collieson – AWOC trustee
- Liz Jones - National Care Forum
- Professor Jerry Tew - Family and Group Conferencing

# ***So- who is going to speak up for me?***


---

- Over to Jean - her background, life and experience
- Involvement with the local AWOC group in Leeds –making positive moves
- Issues and fears identified from members over the last 10 years

# ***Are you AWOC?***

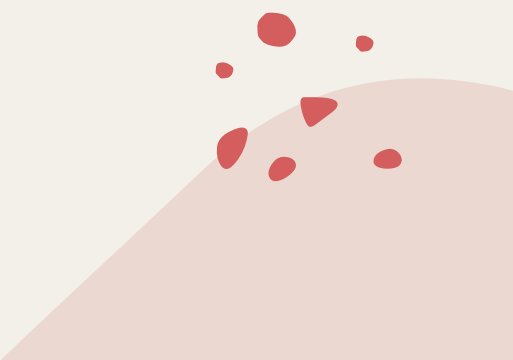
---

- **What are your fears?**
- Pop in the chat
- **What comes to mind when you (and probably the general public) think of your care options in the future?**
- Pop in the chat



---

***Fears are real: 25 per cent of people who are AWOC are more likely to end up in a care home ( and earlier)***



# *Some more options- small/ tailored/personalised*

---

- Personal Assistant
- Community micro- enterprise
- [Small Good Stuff](#)
- Shared Lives
- Homeshare



# *Real choice ...really including people*

## **AWOC**

- 
- How do we make sure **everyone** knows about the big stuff AND the small stuff?
  - How can the practice of small and big be more AWOC competent and confident?
  - Some examples.....



# *Liz – National Care Forum*

---

- Toolkit for the bigger care agencies
- Key Points
- <https://www.nationalcareforum.org.uk/>





***Jerry – Family and Group  
Conferencing***

---



**fgc**

**Family and Group  
Conferencing for adults**



# *How do we work together? What can you do to change your practice?*

---

- Make a pledge after today - pop it in the chat
- Any questions- pop it in the chat





[helen.allen@communitycatalysts.co.uk](mailto:helen.allen@communitycatalysts.co.uk)



[www.communitycatalysts.co.uk](http://www.communitycatalysts.co.uk)



@CommCats