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| **Building Community Capacity Practitioners’ Network Meeting****Thursday 27th April, 11.00-16.30****Birmingham Voluntary Service Council (BVSC)****138 DigbethBirminghamB5 6DR** |
| **TIME** | **TOPIC** |
| **11.00 – 11.50** | **Market place** An opportunity to network with colleagues and speak to organisations who are contributing to strong and inclusive communities. Stall holders will have materials/resources that you can take away. |
| **11.50 - 12.00** | **Welcome**  |
| **12.00 – 12.30** | **Volunteering Matters to Mental Health** **Jemma Mindham and Stefan Thackeray** Jemma and Stefan will present a montage of approaches to prevention, learning, and peer support, across age groups and communities. They will showcase peer support work with young women from migrant groups around positive image; peer support to prevent deterioration of mental health and support recovery for adults, including identifying skills and assets and applying them within their community |
| **12.30 – 13.00** | **Mayday Trust** **Pat McArdle**Mayday Trust is a progressive charity that changed the way they think and act as a result of their conversations with over one hundred people living on the streets. Their Personal Transition Service builds on individual’s strengths and aspirations in a personalised way, so that people can bounce back from tough times such as homelessness, leaving prison or psychiatric care as quickly and positively as possible.  |
| **13.00 – 13.40** | **Lunch** |
| **13.40 – 14.10** | **Derby City Council & National Development Team for Inclusion (NDTI)****Brian Frisby and Gordon Waigand** NDTi’s community led support programme is working with a number of councils to encourage staff to have different conversations with people – to build on and build up individual, family and community strengths.In this presentation, Brian Frisby and Gordon Waigan will share what’s being tried and learned at Derby City Council. |
| **14.10 - 14.40** | **Get Yourself Active – new approaches to promoting wellbeing for personal budget holders****Leanne Wightman, Disability Rights UK**Leanne will talk about the Big Lottery funded project which supports people with personal budgets to get involved in sport and physical activity.The session will cover some of the learning the project has gained through working with disabled people’s user led organisations to help people to have choice and control over being active |
| **14.40 – 15.20** | **Peter Hay CBE – Health Creation** The NHS is very good at treating many illnesses and there is a greater focus than in the past on preventing illness. But what about creating health? If we all understand and tap into the causes of wellbeing, could the NHS working with local partners create a ‘health’ service with a purpose of making people healthy and well?  Peter Hay CBE invites us to discuss and explore how working with communities could create a more social model of health that is place based and focused on outcomes and puts people in control. |
| **15.20 - 15.30** | **Grab a cuppa!** |
| **15.30 – 16.20** | **Table discussions – a regional approach to closing the ‘rhetoric – reality gap’** |
| **16.20 - 16.30** | **Closing comments** |